

Critical Incident

Stress Management - Peer

Individual Crisis Intervention & Peer Support – CISM 200

Who Should Attend

This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Mental Health, Spiritual Care, and Traumatic Stress.

Prerequisites

Critical Incident Stress Management Basic - Group Crisis Intervention

Duration

2 days – classroom lectures

Course Description

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

Course Goal (s)

Participants will develop their skills in providing support to others in the event of a critical incident