

## First Responder Level I

As the first emergency personnel to arrive at an incident, you must instantly assess the situation and begin administering life-saving techniques. This 8-hour course provides hands-on, practical instruction, which is enhanced by short lectures and a video.

You learn to perform prioritized patient assessments, intervene in life-threatening conditions and report patient issues.

Successful candidates receive a Certificate of Achievement for First Responder Level 1 and are eligible to be licensed by the EMA Licensing Branch (valid for three years).

## First Responder Level II

Fire fighters, paramedics, and other First Responders require advanced life saving techniques. This 16-hour course provides hands-on, practical instruction, which is enhanced by short lectures and a video.

You will develop your skills to conduct a thorough, rapid patient assessment, use oxygen therapy, and record patient information.

Successful candidates receive a Certificate of Achievement for First Responder Level 2 and are eligible to be licensed by the EMA Licensing Branch (valid for three years).

## WHO IS FNESS?

The First Nations' Emergency Services Society (FNESS) is dedicated to supporting First Nations communities in British Columbia. We offer a wide range of emergency and environmental services and programs to meet the needs of First Nations communities.

FNESS is First Nations run and First Nations focused. We are an independent organization operating under the direction of a First Nations Board of Directors, with a goal of improving First Nations communities.

Our extensive experience, knowledgeable employees and proven track record will help your community be a safer place. Should you require further information please contact us.

### FOR MORE INFORMATION

Contact the Community Development and Emergency Services (CDES) Program Coordinator:

First Nations' Emergency Service Society  
1257 – 409 Granville Street  
Vancouver, British Columbia V6C 1T2

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Website: [www.fness.bc.ca](http://www.fness.bc.ca)

# FNESS

FIRST NATIONS' EMERGENCY  
SERVICES SOCIETY OF  
BRITISH COLUMBIA



## First Responder Program



## First Responder Level III

This course teaches you to manage medical emergencies, trauma, and environmental emergencies such as:

- Unconsciousness
- Heart attack and stroke
- Respiratory emergencies
- Diabetes and seizures
- Overdose and poisoning
- Bleeding and shock
- Head, neck and spine injuries
- Chest and abdominal injuries
- Fractures and dislocations
- Burns and smoke inhalation
- Carbon monoxide poisoning
- Hypothermia and drowning

This 32-hour course provides hands-on practical instruction, which is enhanced by short lectures and a video.

Successful candidates receive a Certificate of Achievement for First Responder Level 3 and are eligible to be licensed by the EMA Licensing Branch (valid for three years).

## Special Note

Prerequisites for **ALL** First Responder courses:

- Member of a fire department, police department or approved emergency service organization that holds a dispatch agreement with BC Ambulance Service.
- Current basic cardiac life support level C certification (or equivalent) within 6 months of First Responder course.

## First Responder AED Endorsement

This 4-hour course teaches you to recognize a cardiac arrest, administer basic life support, and skillfully operate an Automatic External Defibrillator (AED). This self-paced, video-driven course can be partially completed as home study. Activities include discussion, demonstration, practice time, and evaluation.

Successful candidates receive an AED endorsement to their FR III license, valid for the same term, by the EMA Licensing Branch FR III license. First Responders with an AED endorsement must demonstrate proper AED protocol every 90 days.

Additional Prerequisites:

Current First Responder Level 2 or 3

## Spinal Injuries Endorsement

Learn to identify spinal injuries, use spinal immobilization devices, and perform the spinal grips and rolls needed to move patients. This 16-hour course provides you with hands-on, practical instruction, which is enhanced by short lectures and a video. This course teaches you to become competent using:

- Hard collars
- Headbead II sandbags
- SAM splint and spine board
- Robertson Orthopedic Clamshell
- Principles of strapping and immobilization
- Helmet removal

Successful candidates receive from the EMA Licensing Branch a Spinal Injuries endorsement to their FR III license, valid for the same term as their FR III license.

Additional Prerequisites:

Current First Responder Level 3

## First Responder Relicensure Information

### First Responder Level I Relicensure

This 8-hour, hands-on training course focuses on how each participant can perform better in First Response situations. Basic techniques are reviewed and updated. The EMA Licensing Branch notifies First Responders due for Level I Relicensure. Successful candidates are eligible to be relicensed by the EMA Licensing Branch (valid for 3 years).

### First Responder Level II Relicensure

The topics covered in this 8-hour program are the same as those covered in the original program. The EMA Licensing Branch notifies First Responders due for Level II Relicensure. Successful candidates are eligible to be relicensed by the EMA Licensing Branch (valid for 3 years).

### First Responder Level III Relicensure

The topics covered in this 12-hour program are the same as those covered in the original program. The EMA Licensing Branch notifies First Responders due for Level III Relicensure. Successful candidates are eligible to be relicensed by the EMA Licensing Branch (valid for 3 years).