



Helping Communities

Program Information Package

First Nations' Emergency Services Society of BC

To Whom It May Concern:

Re: First Responder Training

We're here to help you prepare to run a First Responder training program in your community. To begin this process, for our files we require you to send a letter to FNESS that outlines what your first responders needs are and what your expectations of FNESS are going to be. In addition, we ask that you complete the attached application form and forward it to FNESS.

As you may already know, First Responders are members of police and fire departments and other emergency service organizations that provide care to the public prior to ambulance arrival. These agencies have dispatch agreements in place with the BC Ambulance Service. The Health Emergency Act recognizes the First Responder, referring to the Provider as an Emergency Medical Assistant First Responder (EMA FR) Level I, II or III (please note that these are three distinct programs and levels, therefore you do not need to take level I to take II or III).

Students who successfully complete a First Responder Provider course receive a certificate of completion from the Paramedic Academy and are licensed by the EMA Licensing Branch in Victoria, BC. The license is valid for a 3-year period.

We have attached an information package that outlines the various levels of First Responder training and the entry-level requirements. If we can be of assistance please call 1-888-388-4431.

Thank you for your interest in the First Responder Program, I'm sure you will find that the skills learned in this program will provide many positive benefits for the community.

Sincerely,

Shelly Joa
CDES Program Coordinator
First Nations' Emergency Services Society of BC (FNESS)

First Responder Level I

As the first emergency personnel to arrive at an incident, you must instantly assess the situation and begin administering life-saving techniques. This course, ideal for police officers, develops the minimum set of skills needed. You learn to perform prioritized patient assessments, intervene in life-threatening conditions, and report patient status.

Participants are trained to:

- use First Responder equipment
- stabilize the head and neck
- open a patient's airway manage patient breathing and circulation
- perform a rapid body survey

This course provides hands-on, practical instruction, which is enhanced by short lectures and a video.

Length: 8 hours

Prerequisites

- Should be a member of a fire department, police department or emergency service organization.
- Current basic cardiac life support level C certification (or equivalent) within 6 months of First Responder course.

Evaluation and Certification

- Evaluation is based on a multiple choice written examination and a practical examination.
- Successful candidates receive a Certificate of Achievement for First Responder Level 1 and are eligible to be licensed by the EMA Licensing Branch (valid for three years).

First Responder Level II

Fire fighters, paramedics, and other First Responders require advanced life saving techniques. This teaches you to conduct a thorough, rapid patient assessment, use oxygen therapy, and record patient information.

This course develops your skills to:

- use selected spinal grips
- measure and insert an oral airway
- use oxygen therapy perform a Secondary Survey

This course provides hands-on, practical instruction, which is enhanced by short lectures and a video.

Length: 16 hours

Prerequisites

- Should be a member of a fire department, police department or emergency service organization.
- Current basic cardiac life support level C certification (or equivalent) within 6 months of First Responder course.

Evaluation and Certification

- Evaluation is based on a multiple choice written examination and a practical examination.
- Successful candidates receive a Certificate of Achievement for First Responder Level 2 and are eligible to be licensed by the EMA Licensing Branch (valid for three years).

First Responder Level III

This teaches you to manage medical emergencies, trauma, and environmental emergencies such as:

- unconsciousness
- heart attack and stroke
- respiratory emergencies
- diabetes and seizures
- overdose and poisoning
- bleeding and shock
- head, neck, and spine injuries
- chest and abdominal injuries
- fractures and dislocations
- burns and smoke inhalation
- carbon monoxide poisoning
- hypothermia and drowning

This course provides hands-on, practical instruction, which is enhanced by short lectures and a video.

Length: 32 hours

Prerequisites

- Should be a member of a fire department, police department or emergency service organization.
- Current basic cardiac life support level C certification (or equivalent) within 6 months of First Responder course.

Evaluation and Certification

- Evaluation is based on a multiple choice written examination and a practical examination.
- Successful candidates receive a Certificate of Achievement for First Responder Level 3 and are eligible to be licensed by the EMA Licensing Branch (valid for three years).

First Responder AED Endorsement

This course teaches you to recognize a cardiac arrest, administer basic life support, and skillfully operate an Automatic External Defibrillator. This self-paced, video-driven course can be partially completed as home study. Activities include discussion, demonstration, practice time, and evaluation.

Length: 4 hours

Prerequisites

- Current First Responder Level 3
- Should be a member of a fire department, police department or emergency service organization.
- Current basic cardiac life support level C certification (or equivalent) within 6 months of course.

Evaluation and Certification

- Evaluation is based on completion of a practical scenario.
- Successful candidates receive an AED endorsement to their FR III license, valid for the same term, by the EMA Licensing Branch FR III license.
- First Responders with an AED endorsement must demonstrate proper AED protocol every 90 days.

First Responder Spinal Injuries Endorsement

Learn to identify spinal injuries, use spinal immobilization devices, and perform the spinal grips and rolls needed to move patients. This provides you with hands-on, practical instruction, which is enhanced by short lectures and a video.

This course teaches you to become competent using:

- hard collars
- Headbed II sandbags
- SAM splint and spine board
- Robertson Orthopedic Clamshell
- principles of strapping and immobilization
- helmet removal
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Length: 16 hours

Prerequisites

- Current First Responder Level 3
- Should be a member of a fire department, police department or emergency service organization.
- Current basic cardiac life support level C certification (or equivalent) within 6 months of course.

Evaluation and Certification

- Evaluation is based on a practical examination.
- Successful candidates receive from the EMA Licensing Branch a Spinal Injuries endorsement to their FR III license, valid for the same term as their FR III license.

FIRST RESPONDER RELICENSURE INFORMATION

First Responder Level I Relicensure

This hands-on training course focuses on how each participant can perform better in First Response situations. Basic techniques are reviewed and updated.

Length: 8 hours

Prerequisite

- The EMA Licensing Branch notifies First Responders due for Level I Relicensure.

Evaluation

- Evaluation is based on a written and practical examination.
- Successful candidates are eligible to be relicensed by the EMA Licensing Branch (valid for three years).

First Responder Level II Relicensure

The topics covered in the program are the same as those covered in the original program.
Length: 8 hours

Prerequisite

- The EMA Licensing Branch notifies First Responders due for Level II Relicensure.

Evaluation and Licensing

- Evaluation is based on a written and practical examination.
- Successful candidates are eligible to be relicensed by the EMA Licensing Branch (valid for three years).

First Responder Level III Relicensure

The topics covered in the program are the same as those covered in the original program.
Length: 12 hours

Prerequisite

- The EMA Licensing Branch notifies First Responders due for Level III Relicensure.

Evaluation and Licensing

- Evaluation is based on a written and practical examination.

Successful candidates are eligible to be relicensed by the EMA Licensing Branch (valid for three years).