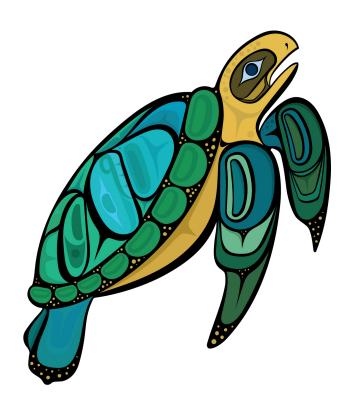
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Fire Prevention Week 2023

October 8-14

Cooking Safety Starts with You. Pay Attention to Fire Prevention.



Preschool & Daycare Learning Package





Dear Preschool or Daycare Provider,

Fire Prevention Week (FPW) 2023 is October 8-14th, and First Nations' Emergency Services Society of British Columbia (FNESS) is excited to provide you with an updated FPW activity for young children, and a handout for families. This year's theme for FPW is "Cooking Safety Starts with YOU! Pay Attention to Fire Prevention"

My name is Alisha Juma, and I am the Fire Services Coordinator at FNESS. Helping children and families stay safe from fire is our priority and your help to reach families in your community with critical fire safety information is very much appreciated.

Preschool/Daycare Materials

- Resources in your package focus on burn prevention through a simple 'Hot and Not Hot Activity'. These picture cards have prompts on the back to support discussions. We suggest you gather the children in a group, mix up the cards and show them to the children one at a time, asking the questions that are on the back of each picture card.
- The "Cool a Burn" card teaches children how to respond to a burn by putting it in cool water.
- The "Smoke Alarm card reminds children to get out of the house when they hear the sound.

Family Handout (Poster)

- Parents and caregivers play an important role in ensuring their homes and families are safe.
- The poster provides families with many key messages that may help to reduce kitchen fires and make the kitchen less hazardous.
- The poster can be copied, and parents can be encouraged to place poster on the fridge or a prominent place in the kitchen.

In closing, I want to thank you for helping FNESS to educate children and families in your community about fire safe behaviours. Sadly, fire losses (deaths, injuries, and destruction of property) in First Nation communities, particularly those on remote First Nations communities, far exceed those in comparable off-reserve communities. But together, through education and other fire prevention practices, we can begin to change that.

If you have any questions or need support, please don't hesitate to contact me at ajuma@fness.bc.ca.

For more Fire Prevention Week information and resources please visit our website at *fness.bc.ca*.

Sincerely, Alisha Juma, Fire Services Coordinator, FNESS





HOT PICTURE - STOVE

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: A stove can get very hot!

Q2: Where in your home would you see a stove?

A2: In the kitchen.

Q3: Should children ever touch the stove?

A3: No. A stove is for grown-ups to use to cook food.

Q4: How do you know if the stove is on or off?

A4: There are different kinds of stoves. Some stoves have flames when they are on. Others look the same when they are on or off. So children must never touch the stove!

Q5: What could happen if you touch a hot stove?

A5: You could get burned!

Q6: If you want to know what is cooking or baking what should you do?

A6: Ask a grown-up.







HOT PICTURE - BIRTHDAY CAKE

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: The candles on the cake are very hot!

Q2: What could happen if you touch a candle?

A2: You could get burned!

Q3: What is your job when you get a cake with candles on it?

A3: A child's job is to blow out the candles. It is important that they do not get too close! Ask the class to show you how they would blow out the candles. Children with long hair should tie it back when blowing out candles on their birthday cake.

Q4: Whose job is it to light the candles?

A4: A grown-up should always light the candles on the cake.

Q5: What do grown-ups use to light the candles?

A5: Matches and/or a lighter.





HOT PICTURE - CAMPFIRE

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: What kind of special fire is this?

A1: It is a campfire.

Q2: Is this HOT or NOT HOT?

A2: A campfire is very hot!

Q3: Where would you see a campfire?

A3: When you are camping or having a picnic.

Q4: What could happen if you get too close to the campfire?

A4: You could get burned!

Q5: What do kids like to cook on a campfire?

A5: Marshmallows and hot dogs. But a grown-up should always be present!

Q6: Should you use a long stick or a short stick?

A6: Always use a long stick to stay a safe distance from the fire.

Q7: What should you do if your marshmallow catches fire?

A7: Take your stick out of the fire and tell a grown-up.

Q8: Should you ever dance or play around the campfire?

A8: Never. Children should never play near fire or hot things because they may get burned.

Q9: Who takes care of the fire?

A9: Grown-ups!





HOT PICTURE - HOT WATER BATH

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: Hot, it's a bathtub with hot water.

Q2: Do you like to take nice warm baths?

A2: Yes.

Q3: Why does the water look hot?

A3: There is steam rising from the water?

Q4: Should you go into the water when there is steam rising?

A4: No.

Q5: Should you touch the water when there is steam rising?

A5: No.

Q6: Who should touch the water to make sure it's not too hot for you?

A6: A grown-up should always touch the water before kids go into the bathtub.

Q7: What can a grown-up do if the water is too hot?

A7: Add more cold water.





HOT PICTURE - HOT COFFEE OR TEA

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: Hot, it's a cup of tea.

Q2: Who likes to drink coffee or tea?

A2: Grown-ups.

Q3: Why does the coffee or tea look hot?

A3: There is steam rising from the cup?

Q4: Is it okay for grown-ups to drink coffee or tea when there is steam rising?

A4: Yes, it is.

Q5: Should you ever touch a cup of hot coffee or tea?

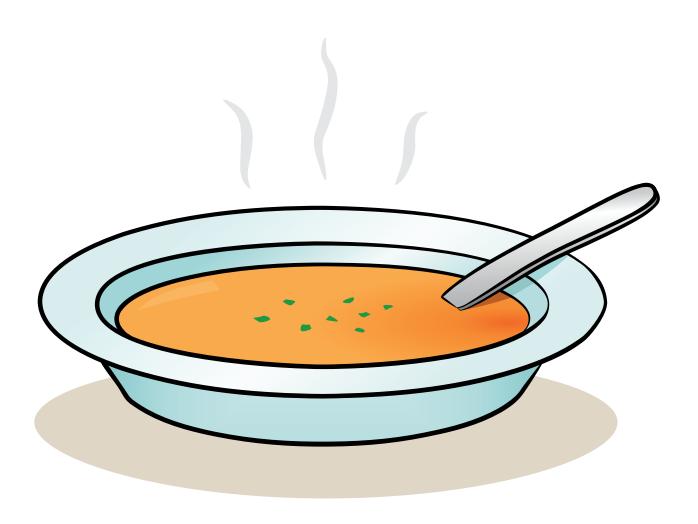
A5: No, you could get burned.

Q6: Where should grownups put their hot cup of coffee or tea?

A6: Away from kids so kids can't reach it.

Q7: Where could that be?

A7: In the middle of the table or counter away from kids.





HOT PICTURE - HOT SOUP

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT

A1: Hot, it's a bowl of hot soup.

Q2: Do you like warm bowls of soup?

A2: Yes.

Q3: Why does the soup look hot?

A3: There is steam rising from the water?

Q4: Should you eat the soup when there is steam rising?

A4: No.

Q5: Should you carry the bowl of soup?

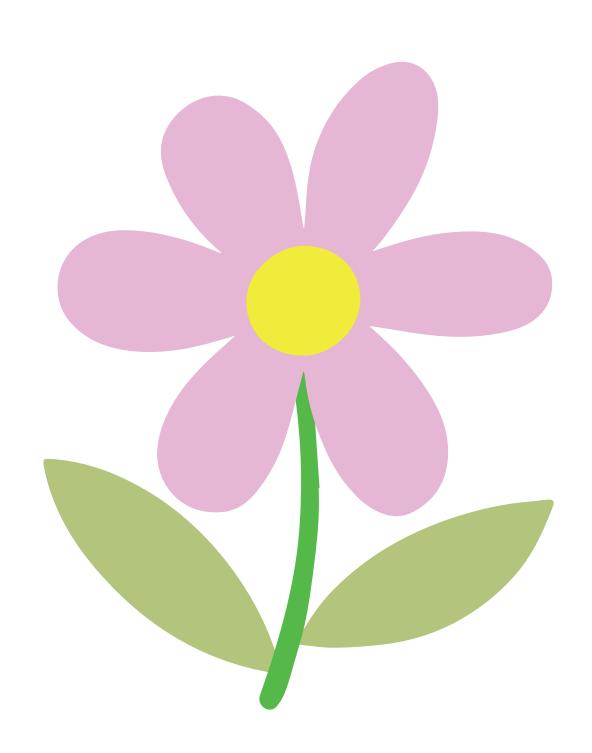
A5: No, you could spill it.

Q6: Who should check the soup to make sure it's not too hot for you?

A6: A grown-up should always check the soup before kids eat it.

Q7: What can a grown-up do if the soup is too hot?

A7: Put ice cubes in it, or wait until its cooled down.







NOT HOT PICTURE - FLOWER

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT

A1: Not hot. A flower is something that is pretty and smells nice.

Q2: Where would you see a flower?

A2: In a garden or in as a bunch in a vase.







NOT HOT PICTURE - ICE CREAM

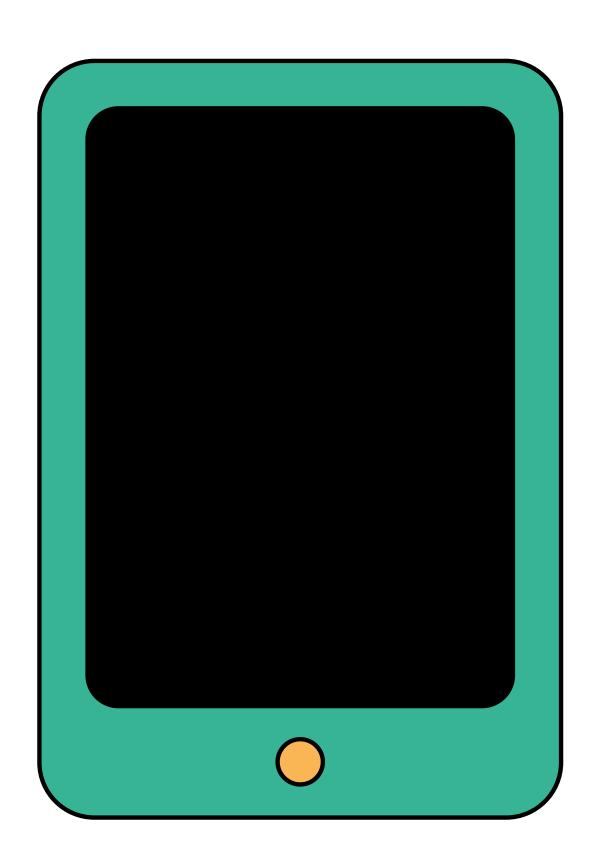
Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1:Is this HOT or NOT HOT

A1: Not hot. It's an ice-cream cone.

Q2: Who likes ice-cream cones

A2: Everyone.







NOT HOT PICTURE - IPAD

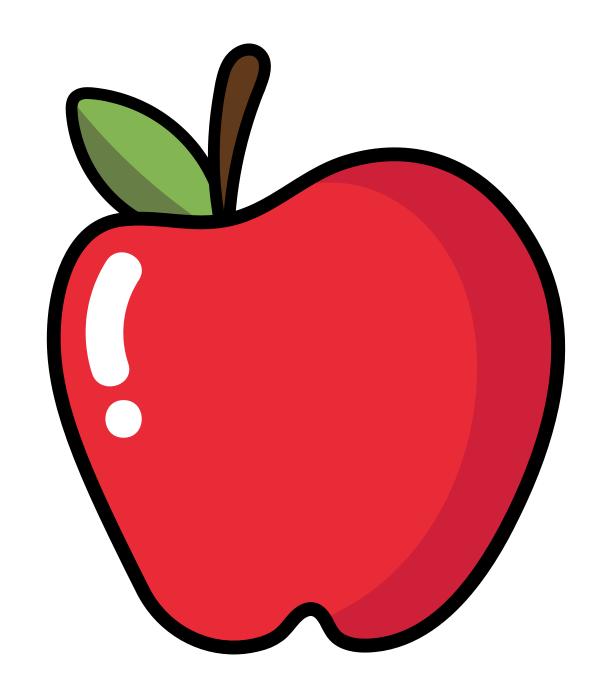
Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT

A1: Not hot. It's a tablet or an iPad.

Q2: Who would have an iPad?

A2: Grown-ups, teachers, or yourself.







NOT HOT PICTURE - APPLE

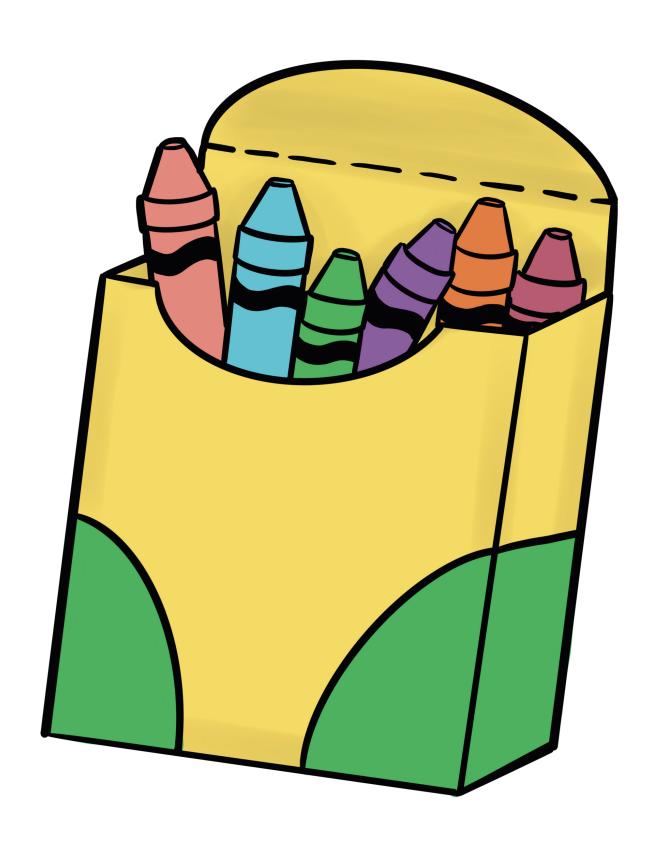
Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: Not hot. An apple is a snack for children.

Q2: Where would you see an apple?

A2: On a tree or in the kitchen.







NOT HOT PICTURE - CRAYONS

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: Not hot. Crayons are for children to play with.

Q2: Where would you see crayons?

A2: At school or in a child's room at home.







NOT HOT PICTURE - BICYCLE

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: Is this HOT or NOT HOT?

A1: Not hot. A bicycle is for children to play with.

Q2: Where would you see a bike at your home?

A2: In the garage, in a bike rack, in the yard.

Q3: Why is it important to wear a helmet when you are riding your bike?

A3: A helmet will keep your brain safe.

Q4: Should grown-ups wear a helmet when riding their bike.

A4: Everyone should wear a helmet to keep their brain safe.







COOL A BURN

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: What can you do so you do not get burned?

A1: Stay away from things that are hot or can get hot.

Q2: Do burns hurt?

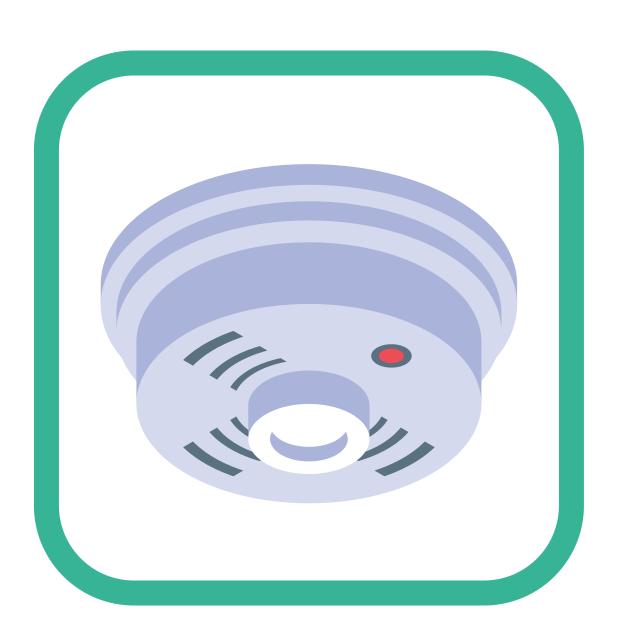
A2: Yes, burns hurt!

Q3: What should you do if you get burned?

A3: Cool the burned area by running cool water over it. Never use ice, butter or creams that can make the burn worse. <u>AND</u> always tell a grown-up!

Q4: How long should you cool a burn?

A4: At least 10-15 minutes.





SMOKE ALARM

Here are some questions to ask the children. Encourage them to tell you the correct answers.

Q1: How many of you know what this is?

Q2: Who has one in their home?

Q3: What does a smoke alarm do?

A3: It warns us of smoke or fire by sounding an alarm.

Q4: What should you do if you hear a smoke alarm sound?

A4: Get out of the building you are in and stay out.

Q5: How do you know if a smoke alarm is working?

A5: Push the test button.

Q6: Where should you find a smoke alarm in your home?

A6: Smoke alarms should be installed in or near every sleeping area and on each level of the home.